

CASE MANAGEMENT SERVICES

HIV infection may change your life in ways that are hard to predict. Whether you are newly infected with HIV or have been living with HIV for awhile, case management services can help you.

Many organizations in Los Angeles County provide services only for people with HIV, while many other organizations offer services to anyone in need. Case management is a way for you to learn about HIV resources. Case management tells you how to find help when you need it.

What Kinds of Case Management are Available?

Your case manager can work with you to identify a plan that addresses your unique needs.

Common Types of Case Management Include:

Medical case management: helps you create a plan to cope with HIV and manage your healthcare.

Prevention case management: helps you practice HIV-risk reduction behavior so that you can protect yourself and others. Traditional case management also helps you learn risk-reduction methods.

Transitional case management: helps those who are now incarcerated or in transition for release to find services in the community upon release.

Psychosocial case management: Provides support and guidance to help you identify and access the services you need to live an independent and productive life.

What Can I Expect from my Case Manager?

-Helps you manage other areas of your life like adherence to medical care, mental health care, substance use, and housing.

-Familiar with programs for HIV-positive people in need

-Knows how to access support services

-Assists with referrals and/or provides recommendations

How to access Case Management Services

You will find a list of organizations throughout Los Angeles County on HIVLA.org. Call any listing for more information about the service or to enroll.

Visit www.hivla.org for the most up-to-date Case Management Services listings.

If Case Management Services have not been delivered appropriately, please contact OAPP's warmline @ (800) 260-8787.